



Family Tree Program

Denton County

Dallas County

Funded by the State of Texas

Administered by CCD Counseling PA

(888) 837-0666

www.familytreeprogram.org

[www.facebook/familytreeprogram](https://www.facebook.com/familytreeprogram)

Family Tree Counseling Program

The Family Tree Program provides short-term family based services for Denton and Dallas Counties' youth and their families through TDFPS STAR grant. Family Tree targets families who are struggling with ordinary family tensions, truancy, runaway, and delinquency. Participation in Family Tree services is voluntary, and services are provided at no cost to the youth or their family.

The Family Tree Program believes in the importance of the family as a unit to best help youth. Caregivers are required to participate in counseling services and household family members are encouraged to attend.

Available Services to Families:

Family Counseling

Youth Coping Skills Classes

Parenting Skills Classes

Families are offered four family counseling sessions to target identified issues within the family unit. Families are encouraged to attend both youth and parenting classes to supplement the work being done in counseling. If a parent and youth participate in a class, they may add an extra counseling session to their services offered for a maximum of two additional counseling sessions (after two classes have been attended). Parents and youth can participate in as many classes as they choose while they are in the Family Tree Program.

Here is how it breaks down:

4 Counseling Sessions (Family and/or Individual Youth Counseling)

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1 Youth and Parent Class = 5th Counseling Session

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1 Youth and Parent Class = 6th Counseling Session

If the family does not participate in services regularly, the state requires their case to be closed. Families have 90 days to complete services.

After the family completes the program, they will be contacted within 75-105 days after their last service for a follow-up evaluation of services.