

## PLAY THERAPY SESSION

CLIENT: \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

CREATIVE PLAY: crayons, pencils, pens, markers, paper, scissors, \_\_\_\_\_  
\_\_\_\_\_

AGGRESSIVE PLAY: soldiers, guns, snakes, bop bag, swords, handcuffs, darts, wild animals, \_\_\_\_\_  
\_\_\_\_\_

LIFE PLAY: dolls, dress up clothes, puppets, cash register, play money, doll house and furniture, dishes, kitchen set, utensils, farm, zoo animals, telephones, food, feeding, doctor kit, music, \_\_\_\_\_  
\_\_\_\_\_

BUILDING PLAY: blocks, Lincoln Logs, \_\_\_\_\_

RICE BOX PLAY: \_\_\_\_\_

GAMES: Don't Break the Ice, Candyland, Chutes & Ladders, Uno, \_\_\_\_\_  
\_\_\_\_\_

PLAY THEMES: Aggressive, Conflicted, Constructive, Controlling, Exploratory, Healing, Limit Testing, Nurturing, Protection, Regressive, Sexualized, Washing, Intimacy/Distance, Loss/Death, Empowerment, \_\_\_\_\_

FEELINGS EXPRESSED: Anger, Brave, Confident, Excited, Inadequate, Ashamed, Cheerful, Disappointed, Impatient, Anxious, Confused, Discouraged, Frustrated, Irritated, Authoritative, Guarded, Embarrassed, Important, Helpless, Lonely, Happy, Hopeless, Powerful, Optimistic, Hesitant, Strong, Surprised, Scared, Dejected, \_\_\_\_\_

COMMENTS: (changes in play behavior, insights, treatment issues addressed) \_\_\_\_\_  
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COMMUNICATION WITH PARENTS: \_\_\_\_\_  
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THERAPISTS SIGNATURE