



CCD Counseling P.A.

Denton Lewisville Farmers Branch

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Parenting Plan Mediation Overview

1. Orientation Meeting

Parents complete a CCD Registration
Mediator will review the Mediation Agreement
Mediator will describe “Interest Based Negotiations”
Individual Meetings and Final Meeting are scheduled

2. Parent Homework - Prior to their Individual Meeting, each parent will complete

Interests Worksheet
Parenting Plan Worksheet

3. Individual Parent Meetings - The mediator will meet individually with each parent to:

Review their interests
Collect their ideas about a Parenting Plan
Share some Interest based negotiation skills

4. Final Meeting - The Mediator and both parents will meet for three hours.

The parents will share their interests with one another.
The mediator will facilitate a discussion of the parents’ completed worksheets,
a) identifying areas of agreement; and,
b) helping the parents to brainstorm and negotiate solutions to other areas
The parents will help one another meet interests and create a Parenting Plan that best meets the child(ren)’s interests.

What if the parents reach an understanding? They will take that understanding to their attorneys to have drafted as part of their new or modified decree.

What if the parents don’t reach an understanding? The parents have some choices to make. If the parents decide that they want to proceed with more meditated discussion, they will schedule another three hour meeting. If they believe they are at an impasse, they will have to decide how they want to resolve that impasse (e.g. flip a coin, hire a third party to decide, have a full blown custody battle in court, etc...).

Important Things to Remember:

1. You are going to be parenting together for a long time. Now is the best time to figure out how this parenting partnership is going to work
2. The mediator has no power. It is up to the parents to help one another meet their identified interests. The mediator will provide the parents with new tools to help them identify what is important and create options for mutual gain.
3. Your shared goal is the best interests of the child/children.